

	Mandatory Elements	
1.	Introduction	
2.	Specific Site Rules - Both Russell Cawberry and as issued by the Client - Introduction to reason for site rules	
3.	Personnel Protective Equipment (PPE)	
4.	Control of Substances Hazardous to Health (C.O.S.H.H) - Asbestos	
5.	The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations (RIDDOR) & Incident and Ill Health Reporting	
6.	First Aid	
7.	Working at Heights, Scaffolding, Cranes, lifting appliances, Hoists	
8.	Excavations / Buried Services / Confined Spaces	
9.	Electricity on Site	
10.	Plant / Machinery on Site and Transport	
11.	Fire Procedures / Means of escape	
12.	Risk Assessment / Method Statements	
13.	Manual Handling	
14.	Noise	
15.	Vibration	
16.	Dust	
17.	Harassment & bullying	
18.	Summary	

### 1. Introduction

- \* Following the implementation of the Health and Safety at Work Act 1974 and the Construction (Design & Management) Regulations (C.D.M) in 2015 more emphasis is being placed on safety in the construction industry.
- \* Not only is a safe working environment essential but it is also **LAW**. The company and **individuals** concerned can be **prosecuted if safety negligence or a breach of the regulations is proven.**
- \* **All persons on site have a legal responsibility to conduct their activities in a safe manner.**
- \* **It is against the law for you to endanger yourself or others by your actions or omissions.**

### **Your Health and Safety Responsibilities**

1. Comply with the Health and Safety at Work Act 1974 or you'll be liable for the same penalties as your employer.
2. You have a duty to look after yourself and others affected by what you do and don't do.
3. Always report any fault or defect which could endanger your health and safety.
4. You must comply with all safety requirements laid down by your employer.
5. Don't abuse or damage any PPE supplied for your safety.
6. Never carry out work of a dangerous nature or operate machines unless you're trained to do so.